

RICE & NOODLE BOWLS \$6

Seared Farm Fresh Vegetables served over your choice of Organic Brown Rice or Asian Noodles. Topped with your choice of sauce.

Choose Your Sauce

- Chinese Peanut
- Thai Spicy
- Japanese Ginger Soy
- Indonesian Red Curry

Choose Your Toppings

- Grilled Chicken Breast -add \$2
- Marinated Grilled Flank -add \$3
- Apple Roasted Salmon -add \$3
- Grilled Shrimp -add \$3

SANDWICHES & WRAPS \$8

Served on your choice of french batard, sourdough baguette, multi-grain country bread, sundried tomato wrap or whole wheat wrap. Accompanied with our house made chips or a side of orzo salad with feta cheese and spinach.

Virtue (Italian Chicken Sandwich)

Marinated grilled chicken breast, fresh mozzarella, pesto, fire roasted tomatoes, wild greens, balsamic reduction.
[Sourdough Baguette]

Comfort (BBQ Chicken)

Marinated grilled chicken breast, Chipotle Honey Glazed BBQ, apple smoke bacon, Vermont cheddar, leaf lettuce, sliced tomatoes, and frizzled onions. [French Batard]

Wisdom (Turkey Avocado)

Our house roasted turkey breast, creamy avocado, spinach, alfalfa sprouts, fire roasted tomatoes, and fontina cheese.
[Multi-Grain Country Bread]

Calming (Smoked Turkey)

Mesquite smoked turkey, triple cream brie, cranberry mayonnaise, sliced tomato, and baby spinach.
[Sun-Dried Tomato Wrap]

Be Bold (Steak Sandwich)

Grilled Tenderloin, sherried mushrooms, caramelized onions, fire roasted tomatoes, fontina cheese, leaf lettuce, drizzled with roasted garlic aioli. [French Batard]

Wholesome (Grilled Vegetable)

Seasoned vegetables marinated and grilled, fire roasted tomatoes, portobello mushrooms, pesto, wild greens, and fresh mozzarella. [Whole Wheat Wrap]

Club Med (Salmon Club)

Apple roasted salmon, baby arugula, applewood bacon, oven roasted marinated tomatoes, herbed aioli.
[Sourdough Baguette]

Harmony (Waldorf Chicken)

Marinated natural chicken salad, caramelized pears, red seedless grapes, candied walnuts, baby spinach, and cranberry spread. [Multi-Grain Country Bread]

Goodness (Portobello Sandwich)

Marinated and grilled portobello mushrooms, fire roasted tomatoes, leaf lettuce, alfalfa sprouts, & red curry mayo.
[Whole Wheat Wrap]

LARGE PLATES \$10

*Choose from each group:
Main Course, Sauce, Salad and Side Dish.*

MAIN

- Flank Steak
- Apple Smoked Salmon
- Grilled Chicken Breast
- Grilled Shrimp

SAUCE

- Cilantro Chimichurri Verde
- Soy Saki Miso
- Peanut Lime
- Chipotle Honey Glaze BBQ
- Whole Grain Mustard
- Spicy Thai

SALAD

East Side Salad

Wild field greens, grape tomatoes, cucumbers & black olives
Your Choice of Dressing

Caesar Salad

Romaine, Romano cheese & herbed croutons
Creamy Caesar Dressing

Mini Wedge

Iceberg wedge, grape tomatoes
Green Goddess Dressing

SIDES

- Organic Brown Rice
- Seasonal Grilled Vegetables
- Orzo Salad
- Yukon Gold Grilled Potatoes

FRESH • PURE • SIMPLE



CAFE 56

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Corner of SOM Center & Mayfield Roads

www.cafe56.com

COOL GREENS \$6

*Fresh salads dressed and tossed to order.
All salads served with fresh baguette or pretzel bagel.*

- Enticing Encounter (Iceberg Wedge)**
Chilled crunchy iceberg wedge, crumbled bleu cheese, apple smoked bacon, grape tomatoes.
[*Green Goddess Dressing*]
- Intimate Affair (Caesar Salad)**
Crisp romaine, shaved Romano, garlic herbed croutons.
[*Caesar Dressing*]
- Irresistible (Spinach Salad)**
Baby spinach, red onions, chopped eggs and button mushrooms.
[*Hot Applewood Smoked Bacon Dressing*]
- Hidden Desire (Asian Salad)**
Bok choy, napa cabbage, shaved carrots, red peppers, fried wontons, tossed with sesame seeds.
[*Singapore Sling*]
- French Kiss (French Influence)**
Mixed & wild field greens, caramelized pears, goat cheese, fresh berries.
[*Balsamic Vinaigrette*]

- Opposites Attract (Arugula Salad)**
Baby arugula, roasted beets, Granny Smith apples, roasted Vidalia onions, shaved Romano cheese.
[*Honey Lemon Vinaigrette*]
- Romantic Interlude (Greek Salad)**
Mixed greens, crumbled feta, imported olives, Bermuda onions, grape tomatoes.
[*Oregano Red Wine Vinaigrette*]
- Amore (Caprese Salad)**
Baby field greens, sliced tomatoes, fresh mozzarella, basil, extra virgin olive oil.
[*Balsamic Reduction*]

SIGNIFICANT OTHERS

Hot add-ons for cool greens

- Marinated All Natural Chicken Breast \$2
- Flank Steak \$3
- Applesmoked Salmon \$3
- Grilled Shrimp \$3

SPECIALTY SALADS \$8

- (1) The Original**
Juliened ham, turkey, and Swiss cheese, with grape tomatoes on iceberg.
[*Garlic Vinaigrette*]
- (2) Arizona Sun**
Grilled marinated flank, julienne turkey, shredded mozzarella cheese, and tortilla strips on mixed greens.
[*Cilantro Lime Vinaigrette Dressing*]
- (3) Feng Shui (Oriental)**
Mixed greens, won ton strips, chow mein noodles, mandarin oranges, char-grilled chicken.
[*Sweet and Sour*]
- (4) Hot to Trot (Buffalo Shrimp)**
Crisp Iceberg, crumbled bleu cheese, sliced cucumbers, fried shrip brushed with our buffalo sauce.
[*Creamy Bleu Cheese*]
- (5) Buffalo Chicken**
Fried chicken tenders with our tangy buffalo sauce, crumbled bleu cheese, sliced cucumbers on iceberg.
[*Creamy Bleu Cheese*]
- (6) Fruits of the Forest**
Grilled portobello mushroom, sliced button mushrooms, dried cranberries, raisins, caramelized walnuts and alfalfa on mixed and wild greens.
[*Fat Free Raspberry Mango Vinaigrette*]
- (7) Passionate Millionaire**
Mixed and wild greens, natural chicken breast, mild crumbled blue cheese, artichokes hearts, fresh berries and dried cranberries.
[*Balsamic Vinaigrette*]
- Substitute Grilled Salmon, Grilled Shrimp or Marinated Grilled Flank - add \$2**
- (8) Veggie Satisfaction**
Variety of greens, seasonal fresh vegetables, grape tomatoes, cucumbers and black olives, chopped and tossed.
[*Fat Free Roasted Tomato Vinaigrette*]
- (9) Martha (Jane Fonda)**
Mixed greens, seasonal fresh fruits, berries, craisins, mandarin oranges and granola.
[*Fat Free Raspberry Mango Vinaigrette*]
- (10) Nutty Fruity Spinach**
Baby spinach, natural chicken breast, seasonal fresh fruits, mandarin oranges, caramelized pears and candied walnuts.
[*Fat Free Raspberry Mango Vinaigrette*]
- Substitute Grilled Salmon, Grilled Shrimp or Marinated Grilled Flank - add \$2**
- (11) Flank Sinatra**
Mixed greens, oven-roasted tomatoes, shredded mozzarella cheese, black olives, crisp cucumbers, frizzled onions, marinated grilled flank steak.
[*Green Goddess*]



- (12) Napa Valley**
Mixed and wild greens, red seedless grapes, shredded mozzarella, caramelized chopped walnuts, all natural chicken breast.
[*Raspberry Vinaigrette*]
- (13) Longhorn**
Mixed greens, shredded cheddar and mozzarella cheese, grape tomatoes, sliced red onions, all natural chicken breast painted with or Chipotle honey glaze BBQ sauce- served in a crispy taco shell.
[*Buttermilk Ranch*]
- (14) Mardi Gras**
Cajun grilled chicken, tortilla strips, shaved Romano, sliced red peppers, sliced jalapeno peppers on crisp romaine lettuce.
[*Creamy Caesar*]
- (15) Caribbean Paradise**
Mixed and wild greens, sliced strawberries, mandarin oranges, shredded mozzarella, dried cranberries and caribbean seasoned all natural chicken breast.
[*Raspberry Vinaigrette*]
- (16) Ty Cobb**
Julienne roasted turkey, apple smoked bacon, grape tomatoes, hard-boiled egg, crumbled bleu cheese, and candied walnuts.
[*Buttermilk Ranch*]

DRESSINGS

House Garlic Vinaigrette	Balsamic Reduction Vinaigrette
Oregano Red Wine Vinaigrette	Cilantro Lime Vinaigrette
Fat Free Raspberry Mango Vinaigrette	Fat Free Roasted Tomato Vinaigrette
Raspberry Vinaigrette	Buttermilk Ranch
Creamy Bleu Cheese	Oil & Vinegar
Fat Free Toasted Sesame	Green Goddess
Applewood Smoked Bacon	Creamy Caesar
Sweet & Sour Poppyseed	Singapore Sling

COMBOS \$7

Pick a soup and a salad. Served with a pretzel bagel

- Thai Noodle
- Portobello Bisque
- Vegetable Chili
- Soup of the Day
- East Side Salad
- Caesar Salad
- Mini Wedge

SOUPS \$5

Portobello Bisque topped with chive cream	Thai Noodle with chicken & lemongrass
Vegetable Chili with cheddar cheese	Soup Of The Day house made and delicious